

Cool Your Mallow

SONG LYRICS ♥

Oh no... my marshmallow is on fire!
Do we slash it about wildly
with nary a care?
Burn it 'til it's black
until it's no longer there?
No...

Lets... step.... back.

It's time to
Cool your mallow
until you're mellow.
Deep breath in... and out

But - Just a mallow
will pull and stretch
and make a big mess!
Emotions will get on everything
you say or do... unless —

Let's add something sweet.
Chocolate square maybe?
Count with me: 1, 2, 3, 4

What else do we need?
1 thing more!
A graham cracker sandwich
to make a s'more!
Now give a squeeze

Squeeze too hard
It will crunch and crack
And we don't... want...that...
Emotions don't need us
to hurt or smash

Body check...
cool enough or still too hot?
Let's blow and blow until you're not.

Cool your mallow
until you're mellow.
Deep breath in... and out

You are you - and I am me
But we can work together
to make something sweet.

When you get hot!
make a s'more
until you're not.

Blow until you feel
calm and cool inside.
Then you can work
to make... things... right!

Good job!

And if you need to
and are not calm...
just push play once s'more...
and continue to sing along!

